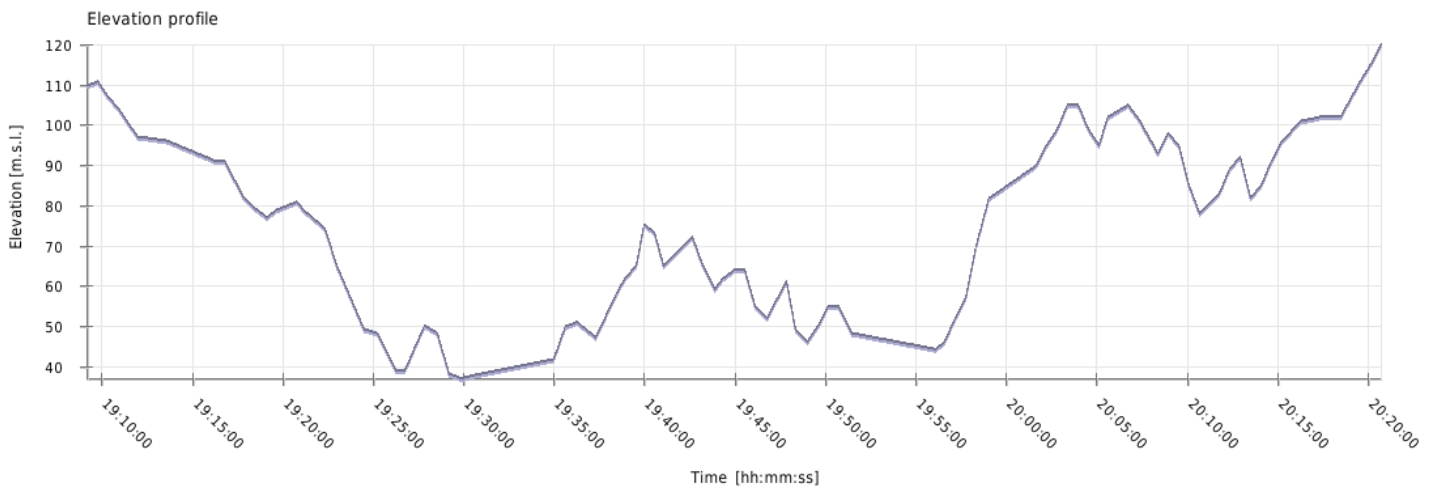
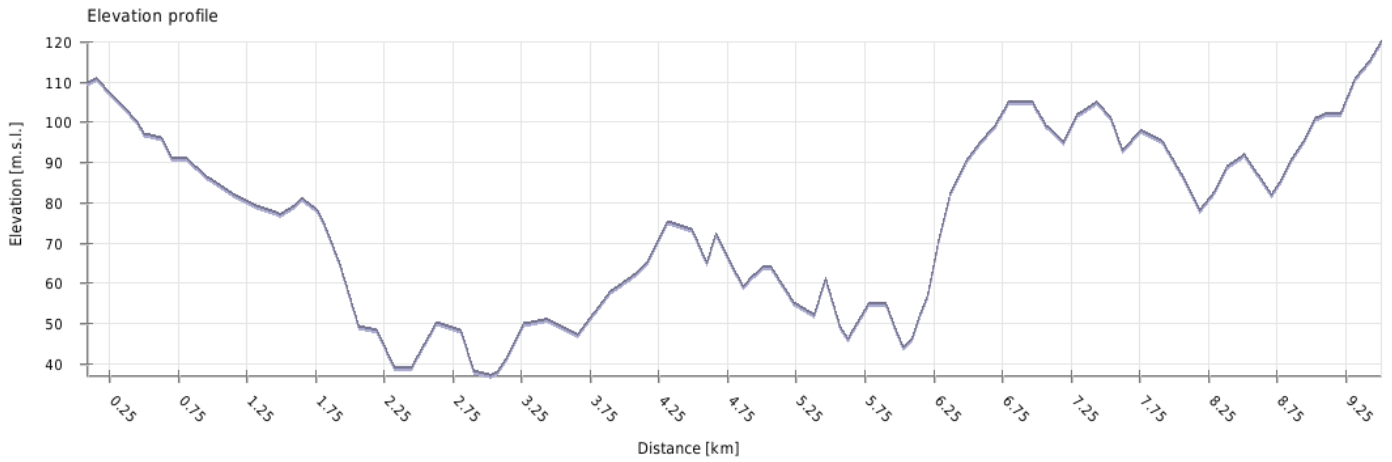
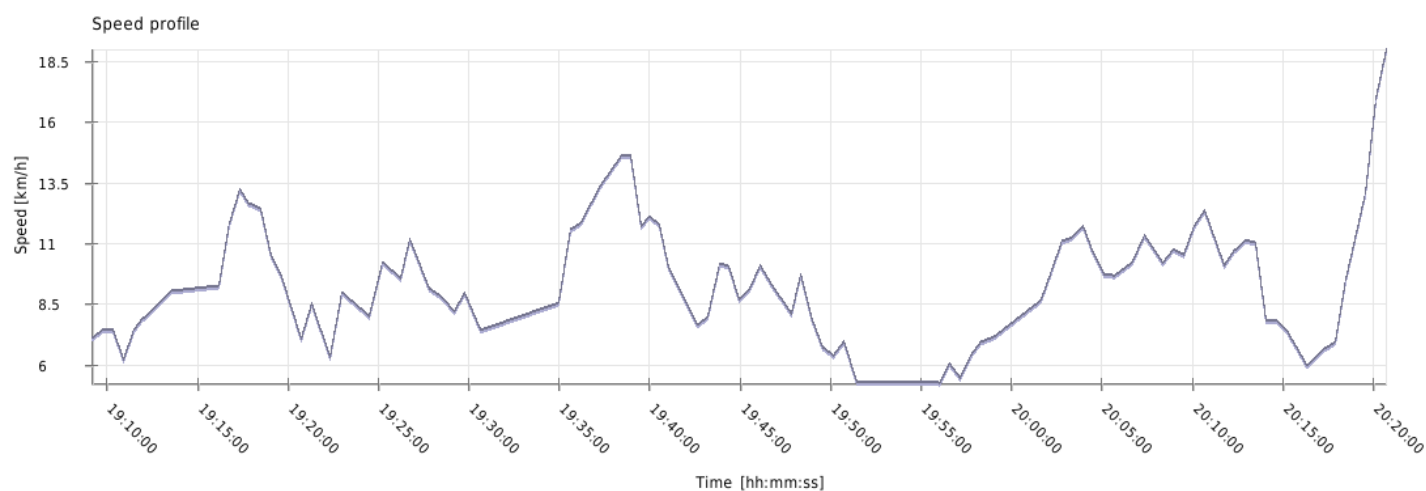
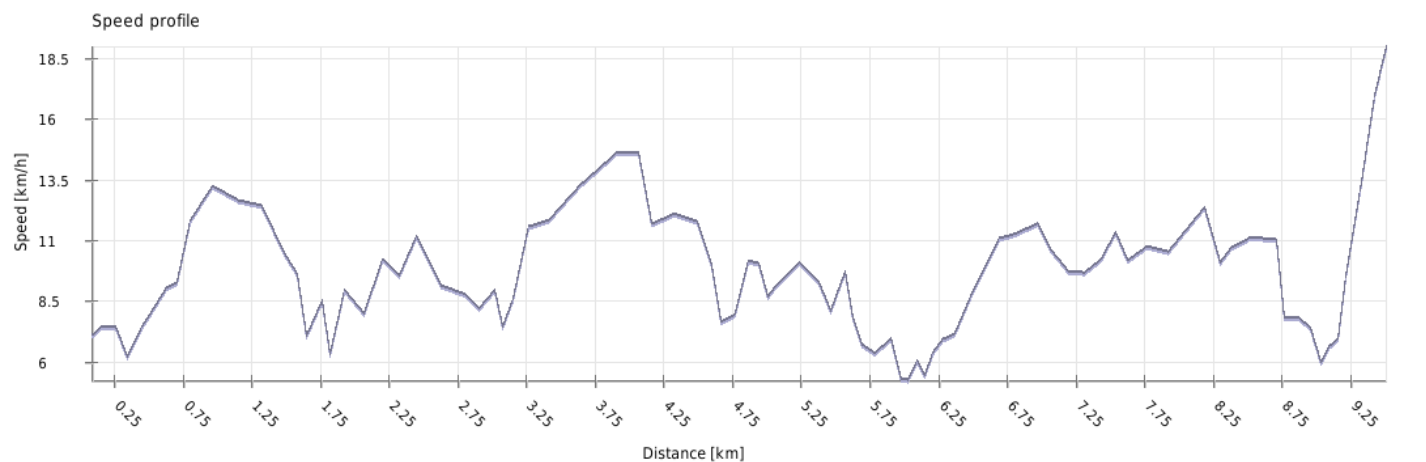


## Elevation



Minimum elevation:	37 m.s.l.
Maximum elevation:	120.4 m.s.l.
Average elevation:	76.4 m.s.l.
Maximum difference:	83.4 m
Total climbing:	216 m
Total descent:	210 m
Start elevation:	120.4 m.s.l.
End elevation:	120 m.s.l.
Final balance:	-0.4 m

## Speed



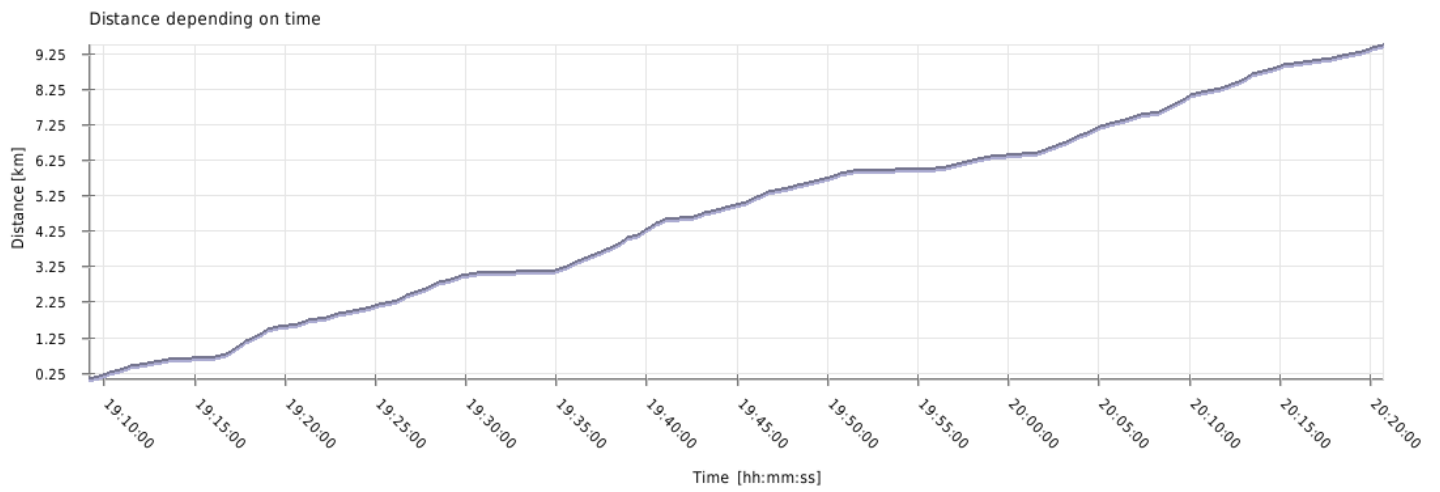
Minimum speed:	5.2 km/h
Maximum speed:	19 km/h
Average climbing speed :	8.5 km/h
Average descent speed :	11.2 km/h
Average flat speed:	10.3 km/h
Average speed:	9.8 km/h

## Time

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Date of track:	25.3.2010
Start time:	20:20:43
End time:	20:20:43
Total track time:	00m 00s
Climbing time:	35m 23s
Descent time:	33m 49s
Flat time:	03m 59s

## Distance



Total flat distance:	9.5 km
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Total real distance:	9.5 km
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Climbing distance:	4.1 km
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Descent distance:	4.7 km
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Flat distance:	0.7 km
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